

Suppose A_1, A_2, \dots, A_n are given. Here, assume $|A_j| \neq 0 \forall j \in [n]$. Now, define

$$A = (A_{ij}) : A_{ij} = \begin{cases} |A_j| & i \in A_j \\ 0 & \text{o.w.} \end{cases}, B = (B_{ij}) : B_{ij} = \frac{1}{n} \text{ and}$$

$$M = (1-p)A + pB \text{ where } p \text{ is a fixed value in } (0, 1).$$

Observe that $\sum_{i=1}^n M_{ij} = 1, \forall j \in [n]$ and $M_{ij} > 0 \forall i, j \in [n]$. By Perron-Frobenius thm, 1 is an eigenvalue of M with an eigenvector $\begin{pmatrix} T_1 \\ T_2 \\ \vdots \\ T_n \end{pmatrix}$ where all $T_i > 0$.

Define $w_{ij} := M_{ij}T_j, \forall i, j \in [n]$. Then, observe that

$$\sum_{i=1}^n w_{ij} = T_j \left(\sum_{i=1}^n M_{ij} \right) = T_j \text{ \& } \sum_{i=1}^n w_{ji} = \sum_{i=1}^n M_{ji}T_i = T_j \text{ (} \odot \text{) } \begin{pmatrix} T_1 \\ T_2 \\ \vdots \\ T_n \end{pmatrix} \text{ is an eigenvector for } 1$$

Now, take $p < \frac{1}{n}$, and define a partition of $[n], \{C_1, C_2, C_3, C_4\}$, which minimizes

$$I := \sum_{k=1}^4 \left(\sum_{i,j \in C_k} w_{ij} \right). \text{ Suppose that } \exists i \in C_1 \text{ s.t. } |A_i \cap C_1| > \frac{1}{2}|A_i|, \text{ then } |A_i \cap C_1| \geq \frac{1}{2}(|A_i| + 1) \text{ (*)}$$

Define $p_k := \sum_{j \in C_k} w_{ji}$ and $q_k := \sum_{j \in C_k} w_{ij}, \forall k \in [4]$. Then, observe the following:

$$p_1 = \sum_{j \in C_1} w_{ji} \geq \sum_{j \in C_1 \cap A_i} w_{ji} = \sum_{j \in C_1 \cap A_i} (p \frac{T_i}{n} + (1-p)A_{ji}T_i) > \sum_{j \in C_1 \cap A_i} (1-p)A_{ji}T_i \\ \geq (1-p)T_i \cdot \frac{1}{2}(|A_i| + 1) / |A_i| \text{ (by *)} > \frac{T_i}{2} \text{ (} \odot \text{) } p < \frac{1}{n} \text{ \& } |A_i| \leq n-1$$

By \odot , $\sum_{k=1}^4 p_k = \sum_{k=1}^4 q_k = T_i$, so $p_1 + q_1 > \frac{T_i}{2} = \frac{1}{4} \sum_{k=1}^4 (p_k + q_k)$. Thus $\exists k \in \{2, 3, 4\}$

s.t. $p_1 + q_1 < p_k + q_k$. WLOG, let $t=2$. If 'i' were in C_2 , then the I value would be $I' = I - (p_1 + q_1 - w_{ii}) + (p_2 + q_2 - w_{ii}) = I - (p_1 + q_1) + (p_2 + q_2) < I$. *

Now, suppose, $\exists j \in [n]$ s.t. $|A_j| = 0$. In this case, add any elt in $[n]$ to A_j and construct a partition by the same way. Note that the addition of new elt to A_j with $|A_j| = 0$ doesn't matter at all if we ignore all redundant inequalities w.r.t. A_j .
such.