

Define $u(t) = \exp(t \log x + (1-t) \log y)$.

$u(0) = y$, $u(1) = x$, $|u(t)| = |x|^t |y|^{1-t} \leq 1$

for all $t \in [0, 1]$. Hence, $|u'(t)| \leq |\log x - \log y|$.

$$|x - y| = \left| \int_0^1 u'(t) dt \right| \leq \sup_{t \in [0, 1]} |u'(t)| \leq |\log x - \log y|$$