## Upper bound

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**POW2010-13.** Prove that there is a constant C such that

$$\sup_{A < B} \int_{A}^{B} \sin(x^2 + yx) dx \le C$$

for all y.

Note that

$$\sup_{\substack{A < B \\ y \in \mathbb{R}}} \int_A^B \sin(x^2 + yx) dx = \sup_{\substack{A < B \\ y \in \mathbb{R}}} \int_A^B \sin\left((x + \frac{y}{2})^2 - \frac{y^2}{4}\right) dx$$
$$= \sup_{\substack{A < B \\ z \in \mathbb{R}}} \int_A^B \sin(x^2 - z^2) dx$$

because a translation parallel to the x-axis does not affect the supremum of the integration.

**First Solution.** For a fixed number  $z \in \mathbb{R}$ , let  $f(x) \equiv \sin(x^2 - z^2)$  where  $x \geq 0$ . Since  $\sin(x^2 - z^2)$  is an even function for x, this proof will show that there is a constant C' such that  $\sup_{z \in \mathbb{R}} \int_A^B f(x) dx \leq C'$ , so if we set C = 2C', then

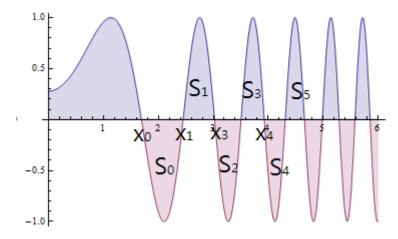
$$\sup_{\substack{A < B \\ z \in \mathbb{R}}} \int_{A}^{B} \sin(x^{2} - z^{2}) dx \le 2 \sup_{\substack{0 \le A < B \\ z \in \mathbb{R}}} \int_{A}^{B} f(x) dx \le 2C' = C$$

holds.

Let n be the integer satisfying  $n\pi \le z^2 < (n+1)\pi$ . Note that f(x) vanishes if and only if  $x^2 - z^2 = k\pi$  for some  $k \in \mathbb{Z}$ . Hence, if we denote  $x_k$  be the (k+1)th root of f for  $k = 0, 1, \dots$ , then  $x_k^2 = z^2 + (k-n)\pi$ , and  $x_0 = \sqrt{z^2 - n\pi}$ . Now we can prove the following lemma.

**Lemma.** Let  $S_k = \int_{x_k}^{x_{k+1}} f(x) dx$ . Then  $|S_{k+1}| \leq |S_k|$  for all non-negative integer k.

Figure 1: A figure showing decreasing sequence of area  $|S_k|$ .



**Proof of Lemma.** By substituting the integration with  $u = x^2 - z^2$ , and applying the integration by parts, we obtain

$$S_{k} = \int_{x_{k}}^{x_{k+1}} f(x)dx = \int_{x_{k}}^{x_{k+1}} \sin(x^{2} - z^{2})dx$$

$$= \frac{1}{2} \int_{(k-n)\pi}^{(k-n+1)\pi} \frac{\sin u}{\sqrt{z^{2} + u}} du$$

$$= \frac{1}{2} \left( \left[ \frac{-\cos u}{\sqrt{z^{2} + u}} \right]_{(k-n)\pi}^{(k-n+1)\pi} - \frac{1}{2} \int_{(k-n)\pi}^{(k-n+1)\pi} (z^{2} + u)^{-\frac{3}{2}} \cos u \, du \right)$$

$$= \frac{1}{2} \left( \frac{\cos(k-n)\pi}{x_{k}} - \frac{\cos(k-n+1)\pi}{x_{k+1}} - \frac{1}{2} \cos \bar{u} \int_{(k-n)\pi}^{(k-n+1)\pi} (z^{2} + u)^{-\frac{3}{2}} du \right)$$

$$= \frac{1}{2} \left( \frac{\cos(k-n)\pi}{x_{k}} - \frac{\cos(k-n+1)\pi}{x_{k+1}} + \cos \bar{u} \left[ \frac{1}{z^{2} + u} \right]_{(k-n)\pi}^{(k-n+1)\pi} \right)$$

$$= \frac{1}{2} \left( \frac{\cos(k-n)\pi}{x_{k}} - \frac{\cos(k-n+1)\pi}{x_{k+1}} + \cos \bar{u} \left( \frac{1}{x_{k+1}} - \frac{1}{x_{k}} \right) \right)$$

The last equality holds for some  $\bar{u} \in ((k-n)\pi, (k-n+1)\pi)$  by the mean value theorem for integration. Thus, by the triangle inequality,

$$|S_k| \le \frac{1}{2} \left( \frac{1}{x_k} + \frac{1}{x_{k+1}} + \frac{1}{x_k} - \frac{1}{x_{k+1}} \right) = \frac{1}{x_k}$$

holds since  $|\cos x| \le 1$ . For a lower bound for  $|S_k|$ , we need to consider two cases.

[Case 1] k-n is even.

In this case, f(x) is locally increasing near the point  $x_k$  and decreasing near the point  $x_{k+1}$ . Consequently,  $S_k > 0$ ,  $\cos(k-n)\pi = 1$ ,  $\cos(k-n+1)\pi = -1$ , and

$$S_k = \frac{1}{2} \left( \frac{1}{x_k} + \frac{1}{x_{k+1}} + \cos \bar{u} \left( \frac{1}{x_{k+1}} - \frac{1}{x_k} \right) \right)$$

$$\ge \frac{1}{2} \left( \frac{1}{x_k} + \frac{1}{x_{k+1}} + \left( \frac{1}{x_{k+1}} - \frac{1}{x_k} \right) \right)$$

$$= \frac{1}{x_{k+1}} > 0$$

which implies  $|S_k| \geq \frac{1}{x_{k+1}}$ .

## [Case 2] k-n is odd.

In this case, f(x) is locally decreasing near the point  $x_k$  and increasing near the point  $x_{k+1}$ . Consequently,  $S_k < 0$ ,  $\cos(k-n)\pi = -1$ ,  $\cos(k-n+1)\pi = 1$ , and

$$-S_k = \frac{1}{2} \left( \frac{1}{x_k} + \frac{1}{x_{k+1}} - \cos \bar{u} \left( \frac{1}{x_{k+1}} - \frac{1}{x_k} \right) \right)$$
$$\ge \frac{1}{2} \left( \frac{1}{x_k} + \frac{1}{x_{k+1}} + \left( \frac{1}{x_{k+1}} - \frac{1}{x_k} \right) \right)$$
$$= \frac{1}{x_{k+1}} > 0$$

which implies  $|S_k| \ge \frac{1}{x_{k+1}}$ .

Therefore,

$$|S_{k+1}| \le \frac{1}{x_{k+1}} \le |S_k|$$

holds for all non-negative integer k.

Corollary. For a given number  $A > x_0$ ,  $\int_A^B f(x)dx \le |S_0|$  for all B > A.

**Proof of Corollary.** Let k be the smallest positive integer such that  $x_k \geq A$  and  $S_k < 0$ . From the lemma,

$$\int_{x_h}^{B} f(x)dx \le 0$$

for all B > A. Thus,

$$\int_{A}^{B} f(x)dx = \int_{A}^{x_{k}} f(x)dx + \int_{x_{k}}^{B} f(x)dx \le S_{k-1} \le |S_{0}|$$

holds by applying the lemma again.

By the corollary, we obtain

$$\sup_{0 \le A \le B} \int_{A}^{B} f(x) dx \le \left| \int_{0}^{x_{0}} f(x) dx \right| + |S_{0}| = \int_{0}^{x_{1}} |f(x)| dx$$

for a given number  $z \in \mathbb{R}$  because f does not change its sign on the interval neither  $(0, x_0)$  nor  $(x_0, x_1)$ . Remark that  $x_1 = \sqrt{z^2 + (1 - n)\pi}$ , so  $\pi \le x_1^2 \le 2\pi$  by the choosing of n. Since  $|f(x)| \le 1$  for all  $x \ge 0$ ,

$$\sup_{0 < A < B} \int_{A}^{B} f(x) dx \le \int_{0}^{x_{1}} |f(x)| dx \le \sqrt{2\pi}$$

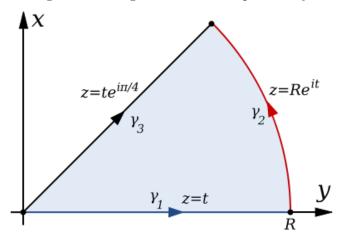
holds. The upper bound of the supremum  $\sqrt{2\pi}$  does not depend on the value of z, so  $\sup_{\substack{0 \leq A < B \\ z \in \mathbb{R}}} \int_A^B f(x) dx \leq \sqrt{2\pi}$ . Therefore, for a constant  $C = 2\sqrt{2\pi}$ ,

$$\sup_{\substack{A < B \\ y \in \mathbb{R}}} \int_A^B \sin(x^2 + yx) dx = \sup_{\substack{A < B \\ z \in \mathbb{R}}} \int_A^B \sin(x^2 - z^2) dx$$

$$\leq 2 \sup_{\substack{0 \le A < B \\ z \in \mathbb{R}}} \int_A^B f(x) dx \leq 2\sqrt{2\pi} = C$$

holds, and this proves the original proposition.

Figure 2: This figure is from a Wikipedia entry.



**Second Solution.** For a fixed  $z \in \mathbb{R}$ , let  $f(x) = e^{(x^2-z^2)i} = e^{x^2i}e^{-z^2i}$  be a complex-valued function for  $x \in \mathbb{R}$ . Consider the contour  $\Gamma_R$  in the [Figure 2] for some  $R \leq 0$ . Since f(x) has no singularity,  $\int_{\Gamma_R} f(x) dx = 0$  by the residue theorem. Thus,

$$0 = \int_{\Gamma_R} f(x)dx = \left(\int_{\gamma_1} + \int_{\gamma_2} - \int_{\gamma_3}\right) f(x)dx$$
$$= e^{-z^2 i} \left(\int_0^R e^{it^2} dt + \int_0^{\frac{\pi}{4}} \exp(iR^2 e^{2it}) iRe^{it} dt - \int_0^R e^{-t^2} e^{\frac{\pi}{4}i} dt\right)$$

holds, and

$$e^{-z^2i} \int_0^R e^{it^2} dt = e^{-z^2i} \left( e^{\frac{\pi}{4}i} \int_0^R e^{-t^2} dt - \int_0^{\frac{\pi}{4}} \exp(iR^2 e^{2it}) iRe^{it} dt \right). \tag{1}$$

Note that  $\left|\int_a^b G(t)dt\right| \leq \int_a^b |G(t)|\,dt$  for any continuous complex-valued function G(t), and  $\sin(2t) \geq t$  for all  $t \in [0, \frac{\pi}{4}]$ . Hence, if we let  $G(t) = \exp(iR^2e^{2it})iRe^{it}$ , then

$$\left| \int_0^{\frac{\pi}{4}} G(t)dt \right| \le \int_0^{\frac{\pi}{4}} |G(t)| dt$$

$$= \int_0^{\frac{\pi}{4}} Re^{-R^2 \sin(2t)} dt$$

$$\le \int_0^{\frac{\pi}{4}} Re^{-R^2 t} dt = \frac{1 - e^{-\frac{R^2 \pi}{4}}}{R}$$

If  $R \ge 1$ , then  $\frac{1-e^{-\frac{R^2\pi}{4}}}{R} \le 1$ . If R < 1, then  $\frac{R^2\pi}{4} < 1$ , so  $e^{-\frac{R^2\pi}{4}} > 1 - \frac{R^2\pi}{4}$  holds by the Taylor expansion. Thus, it's easy to check that

$$\left| \int_0^{\frac{\pi}{4}} G(t)dt \right| \le \frac{1 - e^{-\frac{R^2\pi}{4}}}{R} \le 1 \tag{2}$$

for all  $R \geq 0$ .

Next, by comparing the imaginary parts of (1), we obtain

$$\begin{split} \int_0^R \sin(t^2 - z^2) dt &= \Im\left(\int_0^R e^{(t^2 - z^2)i} dt\right) \\ &= \Im\left(\int_0^R e^{(\frac{\pi}{4} - z^2)i} \int_0^R e^{-t^2} dt\right) - \Im\left(e^{-z^2i} \int_0^{\frac{\pi}{4}} G(t) dt\right) \\ &= \sin(\frac{\pi}{4} - z^2) \int_0^R e^{-t^2} dt - \Im\left(e^{-z^2i} \int_0^{\frac{\pi}{4}} G(t) dt\right). \end{split}$$

It is very well-known as the Gaussian integral that  $\int_0^R e^{-t^2} dt \le \int_0^\infty e^{-t^2} dt = \frac{\sqrt{\pi}}{2}$  for all  $R \ge 0$ . Consequently, by applying the triangle inequality and (2),

$$\begin{split} \left| \int_{0}^{R} \sin(t^{2} - z^{2}) dt \right| &\leq \left| \sin(\frac{\pi}{4} - z^{2}) \int_{0}^{R} e^{-t^{2}} dt \right| + \left| \Im\left(e^{-z^{2}i} \int_{0}^{\frac{\pi}{4}} G(t) dt\right) \right| \\ &\leq \left| \int_{0}^{R} e^{-t^{2}} dt \right| + \left| e^{-z^{2}i} \int_{0}^{\frac{\pi}{4}} G(t) dt \right| \\ &\leq \frac{\sqrt{\pi}}{2} + 1 \end{split}$$

and the following inequality is immediately derived,

$$\left| \int_{A}^{B} \sin(t^{2} - z^{2}) dt \right| = \left| \int_{0}^{B} \sin(t^{2} - z^{2}) dt - \int_{0}^{A} \sin(t^{2} - z^{2}) dt \right|$$

$$\leq \left| \int_{0}^{B} \sin(t^{2} - z^{2}) dt \right| + \left| \int_{0}^{A} \sin(t^{2} - z^{2}) dt \right|$$

$$\leq \sqrt{\pi} + 2$$

for any  $A, B \ge 0$ . Since the number  $\sqrt{\pi} + 2$  is unrelated with the value of z, we have

$$\sup_{\substack{0 \le A < B \\ z \in \mathbb{R}}} \int_A^B \sin(x^2 - z^2) dx \le \sqrt{\pi} + 2$$

Therefore, if we choose a constant  $C = 2\sqrt{\pi} + 4$ ,

$$\sup_{\substack{A < B \\ y \in \mathbb{R}}} \int_A^B \sin(x^2 + yx) dx = \sup_{\substack{A < B \\ z \in \mathbb{R}}} \int_A^B \sin(x^2 - z^2) dx$$

$$\leq 2 \sup_{\substack{0 \le A < B \\ z \in \mathbb{R}}} \int_A^B \sin(x^2 - z^2) dx$$

$$\leq 2(\sqrt{\pi} + 2) = C$$

which is the desired result.