

(*) Let A be an $n \times n$ matrix

$\lambda_1, \lambda_2, \dots, \lambda_p$ are the eigenvalues

of A

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of A with multiplicities r_1, \dots, r_p respectively. Then

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$$\det(A) = \lambda_1^{r_1} \lambda_2^{r_2} \cdots \lambda_p^{r_p}$$

$$\operatorname{tr}(A) = r_1 \lambda_1 + r_2 \lambda_2 + \cdots + r_p \lambda_p$$

(proof) Consider $\det(A - \alpha I)$

$$= \begin{vmatrix} A_{11} - \alpha & A_{12} & \cdots & A_{1n} \\ A_{21} & A_{22} - \alpha & \cdots & A_{2n} \\ \vdots & \vdots & \ddots & \\ A_{n1} & A_{n2} & \cdots & A_{nn} - \alpha \end{vmatrix}$$

The only way an α^{n-1} can be obtained is from a product of $n-1$ elements of the diagonal elements, multiplied by the scalar from the remaining diagonal element. Thus, the coefficient of α^{n-1} is $(-1)^{n-1} \sum_{i=1}^n A_{ii} = (-1)^{n-1} \operatorname{tr}(A)$

$$\text{Let } f(\alpha) = \det(A - \alpha I) = (\alpha - \lambda_1)^{r_1} \cdots (\alpha - \lambda_p)^{r_p} (-1)^n$$

$$\text{Then } \det(A) = f(0) = (-1)^n \lambda_1^{r_1} \cdots \lambda_p^{r_p} = \lambda_1^{r_1} \cdots \lambda_p^{r_p}$$

$$(r_1 + r_2 + \cdots + r_p = n)$$

$$\operatorname{tr}(A) = (-1)(-r_1 \lambda_1 - r_2 \lambda_2 - \cdots - r_p \lambda_p)$$

$$= r_1 \lambda_1 + \cdots + r_p \lambda_p$$



Now I'll show the statement of the problem.

$$I = \frac{1}{n} \underbrace{(1+1+\cdots+1)}_{n\text{-times}} \quad (\because \text{all } A_{ii} = 1 \text{ or } 0)$$

$$\geq \frac{1}{n} \operatorname{tr}(A)$$

$$= \frac{1}{n} (r_1 \lambda_1 + \cdots + r_p \lambda_p)$$

$$\geq (\lambda_1^{r_1} \lambda_2^{r_2} \cdots \lambda_p^{r_p})^{\frac{1}{n}} \quad (\text{AM} \geq \text{GM})$$

$$= (\det A)^{\frac{1}{n}} \quad (\det A > 0 \text{ and}$$

$$\geq 1 \quad \text{it is an integer})$$

Thus, all equals hold, so

$\lambda_1 = \cdots = \lambda_p = 1$. We are done. □